## ADOLESCENCE

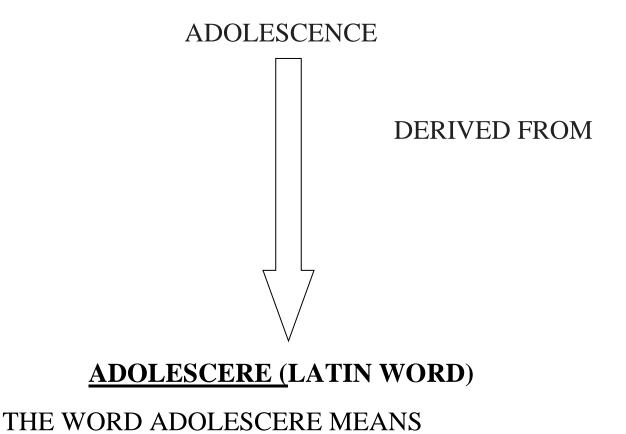
**Adolescence** is the period of your life in which you develp from being a child into being an adult.

Adolescence is transitional phase of growth and development between childhood and adulthood. ... The World Health Organization (WHO) defines an **adolescent** as any person between ages 10 and 19.

Adolescence has been described as the period in life when an individual is no longer a child, but not yet an adult. It is a period in which an individual undergoes enormous physical and psychological changes. In addition, the adolescent experiences changes in social expectations and perceptions. Physical growth and development are accompanied by sexual maturation, often leading to intimate relationships. The individual's capacity for abstract and critical thought also develops, along with a sense of self-awareness when social expectations require emotional maturity

## **ADOLESCENCE MEANING**

Adolescence is derived from latin word "adolescere".



## **"TO GROW TO MATURITY"**

At this stage child grows to maturity physically, mentally, emotionally and socially.